



Family Matters @ Chung Cheng High School (Main)

Parenting Talk: “Imparting Values to My Teens”



Date: Saturday, 7th Nov 2015

Venue: Chung Cheng High School (Main)
The Glass Box (level 4)

Time: 9.30 am – 12.30 pm

Teenagers today live in a different world compared to what we grew up in. Technology has increased their exposure to violence and sex. Technology has also opened up ways for them to connect with people and the world which was unthinkable in our time. Imparting values to our teenagers has therefore become even more critical in our roles as parents.

The speaker will guide us as we explore what values matter to us and how we can impart these values to our teenagers in an effective and practical manner.

You will learn to “Understand the world of teenagers” ;”Technology and its impact on your teenagers” ; “Explore your own values” :”Connect your teens with what matters” and other practical tips

Profile of speaker (Mr Asher Eng)

Asher has a Master Degree in Counselling from Monash University and graduated with a Computation Honours Degree in Bachelor of Science from University of Manchester Institute of Science & Technology. He is also a certified Behavioral Consultant using different personality profiling tools. He is a Triple P instructor and PREP instructor certified by MSF.

For the past eleven years, he had been involved in non-profit organization which gave him the opportunity to travel to South Africa, China, Taiwan and other part of the world and provide consultation works and training to the non-profit organizations in these countries.

His company, Unleash & Soar, provides Leadership & Life-Skills training, Counselling/ Executive Coaching and Human Development Consultation. He is also a freelance trainer and lecturer, and a lay counsellor in Touch Community Service.

To sign up for this parenting talk, please register via SMS and provide the names of parents and name/class of the child to our Family Matters @ School Coordinator, Mrs Lim Whee Nai. Her contact number is: 8799 1175