

## Family Matters @ Chung Cheng High School (Main)

Parenting Talk: "Connect and Engage Your Child"



Date: 27 June 2015, Saturday

Venue: Chung Cheng High School (Main) D & T Gallery, Gewu Buiding, Level 2

Time: 9.30 am – 12.30 pm

Communication is the vital role in our daily life, whether at the work-place or at home. The relationship between parents and children is strengthened by good communication.

The purpose of communication is more than just to tell someone a message. It is important to know that the essence of communication is to be able to connect and engage with people whom you are talking with. Communication is both ways – talk and listen. In this workshop, you will discover common pitfalls that parents make in their communication with their children as well as for parents to learn effective ways of communicating with their children. An effective communication goes beyond the purpose of disciplining a child. It builds strong relationship and encourages your child to acquire the ability to connect and engage with the people he is communicating with. Most importantly, effective communication at home can also impact the inner growth of a child.

## **Profile of Speaker**

**Asher ENG** has a Master Degree in Counselling from Monash University and graduated with a Computation Honours Degree in Bachelor of Science from University of Manchester Institute of Science & Technology. He is also a certified Behavioural Consultant using different personality profiling tools. He is a Triple P instructor and PREP instructor certified by MSF.

For the past eleven years, he had been involved in non-profit organization which gave him to opportunity to travel to South Africa, China, Taiwan and other part of the world and provide consultation works and training in the non-profit organizations in these countries.

His company, Unleash & Soar, provides Leadership & Life-Skills training, Counselling/ Executive Coaching and Human Development Consultation. He is also a freelance trainer and lecturer, and a lay counsellor in Touch Community Service.

## To sign up for this parenting talk, please call or send a text message to our School Coordinator for FamilyMatters@School, Mrs Lim Whee Nai at HP: 8799 1175.