



# Family Matters @ Chung Cheng High School (Main)

**FAMILY**matters  
@ school

## Parenting workshop “Topic: Discipline and Conflict Management ”



**Date:** Saturday, 14<sup>th</sup> October 2017

**Venue:** Chung Cheng High School (Main)

**Time:** 9.30 am – 12.30 pm

**Fees:** FOC (All costs fully borne by Family Matters @ School)

**Note:** Tea reception will be provided

### Synopsis

Parenting can be one of the toughest jobs in the world. Not only do we have to teach our young children the right things, we also go through a daily struggle of getting them to do things that are beneficial yet they do not feel like doing. And when children do not behave according to the rules, many parents would usually resort to authority and threats to make their young ones behave appropriately out of desperation and frustration. Anger arises and both parent and child may end up in heated conflicts with much regrets. It is a lose-lose situation. The child loses as he continues doing the wrong things without heeding the advice of his parents. Parents lose because the relationship with their child is strained.

Let us think win-win when it comes to discipline!

In this 3hr workshop, parents would:

- Know the purpose of discipline
- Talk so that your child will listen
- Effective strategies to manage misbehaviors.

### Profile of speaker from Adam Khoo (Mr Choo Yuan Yee )

Choo Yuan Yee (or YY, as he is more affectionately known), is passionate about helping students excel in their academics and unlocking their inner potential. He does so by training them in Learning Mastery and Personal Mastery through AKLTG's Superkids™ and I Am Gifted, So Are You™ programmes locally and regionally for the past 10 years.

A firm believer in lifelong learning, he continuously upgrades his skills so that he can impart his students with the latest learning techniques and expose them to new learning technologies. He also conducts parenting excellence workshops for parents, showing them strategies and tips in supporting their children's education.

With dynamism and passion, Mr Choo's training style encourages his students to look beyond the books and embrace wholesome learning. Through interactive stories and games, he brings learning to an in-depth level, helping his students internalise learning points with ease.

**To sign up for this parenting talk, please register via <https://goo.gl/L1N8Yw> or SMS the names of parents and the name & class of your child to our FamilyMatters@School Coordinator, Mdm Eileen Tay, HP: 9862 2644)**